

February 2023

Paintbrush Assisted Living Monthly Calendar



- GB *Give Back
- MC *Maintain Connections
- SK *Seek Knowledge
- SS *Stay Strong
- ♥ Emotional
- 🧠 Intellectual
- 🍴 Meal
- ↔ Physical
- ★ Purposeful
- 👥 Social
- 🦋 Spiritual

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>9:00 🦋 North Pointe Community Church - YouTube LIVE [TR]</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Community Stroll</p> <p>10:30 ★ Score Four [AR]</p> <p>1:00 ♥ Hallmark Movie Hour [TR]</p> <p>1:30 👥 Bistro Social [B]</p> <p>3:00 🕒 Pokeno [AR]</p> <p>5:45 MC Mexican Train [AR]</p>	<p>5</p> <p>International Frozen Yogurt Day</p> <p>9:00 ★ Daily Chronicle & The Perk [LR]</p> <p>9:00 🦋 St. Mary's Queen of Apostles Church- Communion [TR]</p> <p>9:30 ↔ Full Body Workout w/ 2lb Weights [FR]</p> <p>10:00 SK Puzzle Hour [LR]</p> <p>11:00 SK Spin The Wheel Trivia [AR]</p> <p>1:00 ★ Krispy Kreme Donut Outing</p> <p>1:30 ★ Valentine Crossword Puzzle [AR]</p> <p>3:00 ♥ Fancy Nails [AR]</p> <p>4:00 👥 Bingo [DR]</p>	<p>6</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Arm Day (Arm Exercises) [FR]</p> <p>10:30 ↔ Nature Walk</p> <p>11:00 GB Professional Eyeglass Clinic [LR]</p> <p>11:00 👥 Valentine Craft [AR]</p> <p>1:00 ♥ Movie Matinee [TR]</p> <p>1:30 ★ Creative Painting [AR]</p> <p>3:00 👥 Pokeno [AR]</p> <p>5:45 MC Mexican Train [AR]</p>	<p>7</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Sit & Be Fit w/ Moriah [FR]</p> <p>10:30 ★ Trash Card Game [AR]</p> <p>11:00 🕒 Puzzle Hour [LR]</p> <p>1:00 👥 Kings in a Corner [AR]</p> <p>1:30 MC Menu Committee w/ Chef Juan [B]</p> <p>3:00 👥 Bingo [AR]</p>	<p>8</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Sit & Be Fit w/ Moriah [FR]</p> <p>10:30 ★ Trash Card Game [AR]</p> <p>10:30 ★ Wal-Mart</p> <p>11:00 🕒 Puzzle Hour [LR]</p> <p>1:00 👥 Kings in a Corner [AR]</p> <p>1:30 MC Menu Committee w/ Chef Juan [B]</p> <p>3:00 👥 Bingo [AR]</p>	<p>9</p> <p>Groundhog Day</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Leg Exercises (Leg Day) [FR]</p> <p>10:30 ↔ Community Stroll</p> <p>11:00 ♥ Valentine Craft [AR]</p> <p>1:00 👥 Ladies Social [AR]</p> <p>2:00 ♥ Movie Matinee: The Best of Me [TR]</p> <p>3:00 🕒 Pokeno [AR]</p> <p>5:45 MC Mexican Train [AR]</p>	<p>10</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Full Body (Stretches) [FR]</p> <p>10:30 ↔ Nature Walk</p> <p>10:30 SK Trash Card Game [AR]</p> <p>11:00 MC The Price is Right Game [AR]</p> <p>12:00 ★ Chair Dancing [AR]</p> <p>1:30 👥 Bingo [AR]</p> <p>3:00 ♥ Happy Hour: Karaoke [AR]</p>	<p>11</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Sit & Be Fit [FR]</p> <p>10:30 ★ Community Stroll</p> <p>12:00 SK Spin The Wheel Trivia [AR]</p> <p>1:00 👥 Dice Poker [AR]</p> <p>3:00 👥 Horse Racing [AR]</p> <p>5:00 ♥ Movie: Residents Choice [TR]</p>
<p>12</p> <p>SUPER BOWL LVII</p> <p>9:00 🦋 North Pointe Community Church- YouTube LIVE [TR]</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Community Stroll</p> <p>10:30 ★ Connect Four [AR]</p> <p>1:00 ♥ Hallmark Movie Hour [TR]</p> <p>1:30 👥 Bistro Social [B]</p> <p>3:00 🕒 Pokeno [AR]</p> <p>5:00 🦋 Church Hymnals w/ Alpha [LR]</p> <p>5:45 MC Mexican Train [AR]</p>	<p>13</p> <p>9:00 ★ Daily Chronicle & The Perk [LR]</p> <p>9:00 🦋 St. Mary's Queen of Apostles Church- Communion [TR]</p> <p>9:30 ↔ Full Body Workout w/ 2lb Weights [FR]</p> <p>10:00 SK Puzzle Hour [LR]</p> <p>11:00 SK Spin The Wheel Trivia [AR]</p> <p>1:30 ♥ Fancy Nails [AR]</p> <p>1:30 ★ Valentine Crossword Puzzle [AR]</p> <p>3:00 👥 Bingo [DR]</p>	<p>14</p> <p>Valentine's Day</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Arm Day (Arm Exercises) [FR]</p> <p>10:30 ↔ Nature Walk</p> <p>11:00 ★ Valentines Pictures [AR]</p> <p>1:00 🍴 Cooking Class - Valentine Mini Tacos [AR]</p> <p>1:00 ♥ Movie Matinee [TR]</p> <p>1:30 ★ Creative Painting [AR]</p> <p>3:00 👥 Pokeno [AR]</p> <p>5:45 MC Mexican Train [AR]</p>	<p>15</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Sit & Be Fit w/ Moriah [FR]</p> <p>10:30 ★ Trash Card Game [AR]</p> <p>10:45 ★ Olive Garden</p> <p>11:00 🕒 Puzzle Hour [LR]</p> <p>1:00 👥 Kings in a Corner [AR]</p> <p>3:00 👥 Bingo [AR]</p> <p>4:00 MC Resident Council Meeting [TR]</p>	<p>16</p> <p>National Almond Day</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Leg Exercises (Leg Day) [FR]</p> <p>10:30 ↔ Community Stroll</p> <p>11:00 ♥ Mardi Gras Craft [AR]</p> <p>1:00 ♥ Movie Matinee: Falling in Love [TR]</p> <p>1:30 ★ Spa Day - Facials [AR]</p> <p>3:00 🕒 Pokeno [AR]</p> <p>5:45 MC Mexican Train [AR]</p>	<p>17</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Full Body (Stretches) [FR]</p> <p>10:30 ↔ Nature Walk</p> <p>10:30 SK Trash Card Game [AR]</p> <p>11:00 MC Wheel of Fortune [AR]</p> <p>12:00 ★ Chair Dancing [AR]</p> <p>1:30 👥 Bingo [AR]</p> <p>3:00 ♥ Happy Hour: Musical Performance by Nathan [LR]</p>	<p>18</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Sit & Be Fit [FR]</p> <p>10:30 ★ Community Stroll</p> <p>12:00 SK Spin The Wheel Trivia [AR]</p> <p>1:00 👥 Dice Poker [AR]</p> <p>3:00 👥 Horse Racing [AR]</p> <p>5:00 ♥ Movie: Residents Choice [TR]</p>	
<p>19</p> <p>9:00 🦋 North Pointe Community Church-YouTube LIVE [TR]</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Community Stroll</p> <p>10:30 ★ Score Four [AR]</p> <p>1:00 ♥ Hallmark Movie Hour [TR]</p> <p>1:30 👥 Bistro Social [B]</p> <p>3:00 🕒 Pokeno [AR]</p> <p>5:45 MC Mexican Train [AR]</p>	<p>20</p> <p>National Cherry Pie Day <i>Presidents Day</i></p> <p>Presidents' Day</p> <p>9:00 ★ Daily Chronicle & The Perk [LR]</p> <p>9:00 🦋 St. Mary's Queen of Apostles Church- Communion [TR]</p> <p>9:30 ↔ Full Body Workout w/ 2lb Weights [FR]</p> <p>10:00 SK Puzzle Hour [LR]</p> <p>11:00 SK Spin The Wheel Trivia [AR]</p> <p>1:00 ★ Barnes & Noble</p> <p>1:30 SK Mardi Gras Crossword Puzzle</p> <p>3:00 ♥ Fancy Nails [AR]</p> <p>4:00 👥 Bingo [DR]</p>	<p>21</p> <p>Mardi Gras</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Arm Day (Arm Exercises) [FR]</p> <p>10:30 ↔ Nature Walk</p> <p>11:00 👥 Mardi Gras Craft [AR]</p> <p>1:00 ♥ Movie Matinee [TR]</p> <p>1:30 ★ Creative Painting [AR]</p> <p>3:00 👥 Pokeno [AR]</p> <p>4:30 MC Mardi Gras Party [DR]</p> <p>5:45 MC Mexican Train</p>	<p>22</p> <p>ASH WEDNESDAY</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Sit & Be Fit w/ Moriah [FR]</p> <p>10:30 ★ Kohls</p> <p>10:30 ★ Trash Card Game [AR]</p> <p>11:00 🕒 Puzzle Hour [LR]</p> <p>1:00 👥 Kings in a Corner [AR]</p> <p>1:30 MC Veterans Support Group [TR]</p> <p>2:00 MC Town Hall- Have your voice heard! [DR]</p> <p>3:00 👥 Bingo [AR]</p>	<p>23</p> <p>National Toast Day</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Leg Exercises (Leg Day) [FR]</p> <p>10:30 ↔ Community Stroll</p> <p>11:00 ♥ Craft Hour [AR]</p> <p>1:00 ♥ Movie Matinee: Love in the Villa [TR]</p> <p>3:00 🕒 Pokeno [AR]</p> <p>5:45 MC Mexican Train [AR]</p>	<p>24</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Full Body (Stretches) [FR]</p> <p>10:30 ↔ Nature Walk</p> <p>10:30 SK Trash Card Game [AR]</p> <p>11:00 MC The Price is Right Game [AR]</p> <p>12:00 ↔ Chair Dancing [AR]</p> <p>1:30 👥 Bingo [AR]</p> <p>3:00 ♥ Happy Hour: Karaoke [AR]</p>	<p>25</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Sit & Be Fit [FR]</p> <p>10:30 ★ Community Stroll</p> <p>12:00 SK Spin The Wheel Trivia [AR]</p> <p>1:00 👥 Dice Poker [AR]</p> <p>3:00 👥 Horse Racing [AR]</p> <p>5:00 ♥ Movie: Residents Choice [TR]</p>	
<p>26</p> <p>9:00 🦋 North Pointe Community Church-YouTube LIVE</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Community Stroll</p> <p>10:30 ★ Connect Four [AR]</p> <p>1:00 ♥ Hallmark Movie Hour [TR]</p> <p>1:30 👥 Bistro Social</p> <p>3:00 🕒 Pokeno [AR]</p> <p>5:45 MC Mexican Train [AR]</p>	<p>27</p> <p>Happy Birthday Debbie I.</p> <p>9:00 ★ Daily Chronicle & The Perk [LR]</p> <p>9:00 🦋 St. Mary's Queen of Apostles Church- Communion [TR]</p> <p>9:30 ↔ Full Body Workout w/ 2lb Weights [FR]</p> <p>10:00 SK Puzzle Hour [LR]</p> <p>10:30 ★ Huckleberry's - Lunch Outing</p> <p>1:30 SK Desserts Crossword Puzzle</p> <p>2:00 ♥ Fancy Nails [AR]</p> <p>3:00 👥 Bingo [DR]</p>	<p>28</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Arm Day (Arm Exercises) [FR]</p> <p>10:30 ↔ Nature Walk</p> <p>11:00 👥 Craft Hour [AR]</p> <p>11:00 ♥ Monthly Birthday Celebration Luncheon [PDR]</p> <p>1:00 ♥ Movie Matinee [TR]</p> <p>1:30 ★ Creative Painting [AR]</p> <p>3:00 👥 Pokeno [AR]</p> <p>5:45 MC Mexican Train [AR]</p>	<p>Location Keys</p> <p>Activity Room AR</p> <p>Bistro B</p> <p>Dining Room DR</p> <p>Fitness Room FR</p> <p>Living Room LR</p> <p>Private Dining Room PDR</p> <p>Theater Room TR</p>			<p>29</p> <p>9:30 ★ Daily Chronicle & The Perk [LR]</p> <p>10:00 ↔ Sit & Be Fit [FR]</p> <p>10:30 ★ Community Stroll</p> <p>12:00 SK Spin The Wheel Trivia [AR]</p> <p>1:00 👥 Dice Poker [AR]</p> <p>3:00 👥 Horse Racing [AR]</p> <p>5:00 ♥ Movie: Residents Choice [TR]</p>	