

# February 2023 Paintbrush Memory Care Monthly Calendar



Sunday Monday Tuesday Wednesday Thursday Friday Saturday



4356 W Ashlan Ave  
Fresno, CA 93722  
559-275-2000

“Surrender to what is. Let go of what was. Have faith in what will be.”  
— Sonia Ricotti

<p>8:00 Breakfast</p> <p>9:00 Basketball</p> <p>9:30 Daily Chronical [PDR]</p> <p>9:30 Weekly Worship: Favorite Hymns</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>10:30 Higher or Lower</p> <p>11:30 Pictionary</p> <p>12:00 Lunch</p> <p>1:45 World of Color</p> <p>2:15 Croquet</p> <p>2:30 Snack Break</p> <p>3:00 Victorias Choice</p> <p>4:30 Napkin Art</p> <p>5:00 Dinner</p> <p>6:30 Sentimental Serenity</p> <p>7:00 Church Gathering and Worship</p> <p>7:00 Church Gathering and Worship</p>	<p>8:00 Breakfast</p> <p>9:00 Zumba Gold</p> <p>9:30 Daily Chronical [PDR]</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>10:30 Make Up Madness [LR]</p> <p>10:30 Outing: Scenic Drive</p> <p>11:00 Group Imagination</p> <p>11:30 Zip, Zap, Zop</p> <p>12:00 Lunch</p> <p>12:45 TacTic Toss</p> <p>1:30 Bird feeders</p> <p>2:00 Snack Break</p> <p>3:00 Birthday Bash</p> <p>3:45 Planet Earth</p> <p>5:00 Dinner</p> <p>6:30 Church Gathering and Worship</p> <p>6:30 Music in Motion</p>	<p>8:00 Breakfast</p> <p>9:00 Octaband</p> <p>9:30 Daily Chronical [PDR]</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>10:30 Name That Tune</p> <p>11:30 Grooms Day [AR]</p> <p>11:30 Stick figure story telling</p> <p>12:00 Lunch</p> <p>12:45 Arcade Fun Hour [LR]</p> <p>1:45 Balloon Toss</p> <p>2:00 Leaf and Floral Printing</p> <p>2:00 "Weaving" a basket for first responders</p> <p>2:30 Snack Break</p> <p>3:00 Favorite Song-Sing-A-Long</p> <p>3:30 Resident Spotlight: My History</p> <p>5:00 Dinner</p> <p>6:30 Music in Motion</p> <p>6:30 Tablet for relaxation</p>	<p><b>Black History Month</b></p> <p>8:00 Breakfast</p> <p>9:00 Morning Stretch</p> <p>9:30 Daily Chronical [PDR]</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>10:30 BLACK HISTORY SPOTLIGHT</p> <p>11:30 Tablet for coloring or painting</p> <p>12:00 Lunch</p> <p>12:45 HORSE</p> <p>1:15 Time to Shine</p> <p>2:00 Shake, Rattle, and Roll</p> <p>2:30 Snack Break</p> <p>3:00 BHM - BINGO</p> <p>4:00 Resident Spotlight: My History</p> <p>4:30 Napkin Art</p> <p>5:00 Dinner</p> <p>6:30 Daily Devotions</p> <p>6:30 Meditation Circle</p>	<p><b>Groundhog Day</b></p> <p>8:00 Breakfast</p> <p>9:00 Senior Stretch</p> <p>9:30 Daily Chronical [PDR]</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>10:30 Spelling Tray Day</p> <p>11:00 Crafty Corner - Valentines</p> <p>12:00 Lunch</p> <p>12:45 Arcade Fun Hour [LR]</p> <p>1:15 Table Ball / Table Pong</p> <p>1:45 Fancy Nails [AR]</p> <p>2:00 Baking cookies</p> <p>2:15 Groundhog Day Movie</p> <p>2:30 Prize Bingo</p> <p>2:30 Snack Break</p> <p>3:00 Garden Rocks</p> <p>4:00 Go Team- Sports Hour</p> <p>5:00 Dinner</p>	<p>8:00 Breakfast</p> <p>9:30 Balance Boogie</p> <p>9:30 Daily Chronical [PDR]</p> <p>9:30 Seated Qigong Tai Chi and Yoga</p> <p>10:00 Infusion Bar</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>10:30 Name That Job</p> <p>11:30 Taste-testing</p> <p>12:00 Lunch</p> <p>1:00 Trips and Travels</p> <p>1:00 Trips and Travels</p> <p>2:00 Community Store</p> <p>2:00 Wonderful World of Watercolor</p> <p>2:30 Snack Break</p> <p>4:00 Uncorked</p> <p>4:00 Uncorked</p> <p>4:30 Napkin Art</p> <p>5:00 Dinner</p>	<p>8:00 Breakfast</p> <p>9:30 Daily Chronical [PDR]</p> <p>9:30 Rocking and Rolling</p> <p>9:30 Seated Qigong Tai Chi and Yoga</p> <p>10:00 Infusion Bar</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>11:30 A World of Good-News</p> <p>11:30 A World of Good-News</p> <p>12:00 Lunch</p> <p>1:00 Be Our Guest</p> <p>1:00 Be Our Guest</p> <p>2:00 Puzzle Club</p> <p>2:00 Puzzle Club</p> <p>2:30 Snack Break</p> <p>4:00 Friendly Formal</p> <p>4:00 Happy Trails</p> <p>5:00 Dinner</p> <p>6:30 Prayer or group spiritual reading</p>
<p><b>Super Bowl Sunday!!!!</b></p> <p>8:00 Breakfast</p> <p>9:00 Morning Stretch</p> <p>9:30 Daily Chronical [PDR]</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>11:30 Remember When</p> <p>11:30 This Day in History Discussion Group</p> <p>12:00 Lunch</p> <p>12:45 Sports Moves</p> <p>2:00 World of Color</p> <p>2:00 World of Color</p> <p>2:30 Snack Break</p> <p>4:00 Green Thumb Gardeners</p> <p>4:00 Green Thumb Gardeners</p> <p>4:30 Napkin Art</p> <p>5:00 Dinner</p> <p>6:30 Prayer or group spiritual reading</p> <p>6:30 Weekly Worship: Favorite Hymns</p>	<p>8:00 Breakfast</p> <p>9:00 Zumba Gold</p> <p>9:30 Daily Chronical [PDR]</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>10:30 Make Up Madness [LR]</p> <p>10:30 Outing: Scenic Drive</p> <p>11:30 Feel and Find</p> <p>11:30 National Gallery of Art: Washington DC Virtual Visit</p> <p>12:00 Lunch</p> <p>12:45 Home Stretch Derby</p> <p>1:00 Stamp Art</p> <p>2:00 Crafty Club: Picture Perfect</p> <p>2:30 Snack Break</p> <p>4:00 Flag-colored parfauts</p> <p>4:00 Taste of home</p> <p>5:00 Dinner</p> <p>6:30 Daily Devotions</p> <p>6:30 Meditation Circle</p>	<p><b>Valentine's Day</b></p> <p>8:00 Breakfast</p> <p>9:00 Ribbon Dance</p> <p>9:30 Daily Chronical [PDR]</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>10:30 Treveal Word Game: Peacemakers</p> <p>11:30 Grooms Day [AR]</p> <p>12:00 Lunch</p> <p>12:45 Arcade Fun Hour [LR]</p> <p>12:45 Throw Tic Tac Toe</p> <p>1:00 Word Clue- fill in the blank</p> <p>2:00 Valentine's Day Party</p> <p>2:30 Snack Break</p> <p>4:00 Seasonal Celebration</p> <p>5:00 Dinner</p> <p>6:30 Prayer or group spiritual reading</p> <p>6:30 Sentimental Serenity</p> <p>7:00 Timeless Melodies Choir Club</p>	<p>8:00 Breakfast</p> <p>9:00 Chair Dance</p> <p>9:30 Daily Chronical [PDR]</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>11:30 Word Search</p> <p>12:00 Lunch</p> <p>1:00 Bird scaping: Attracting and Recognizing your Native Birds</p> <p>1:30 Bird feeders</p> <p>2:00 Heart of kindness - Art Project</p> <p>2:30 Snack Break</p> <p>3:00 Seasonal Celebration</p> <p>3:30 Sorting socks</p> <p>4:30 Napkin Art</p> <p>5:00 Dinner</p> <p>6:30 Daily Devotions</p> <p>6:30 Meditation Circle</p> <p>7:00 Chapter Chat</p>	<p>8:00 Breakfast</p> <p>9:00 Irish Chair Dance</p> <p>9:30 Daily Chronical [PDR]</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>10:30 Price is Right</p> <p>11:30 Jingle Jumble</p> <p>12:00 Lunch</p> <p>12:45 Arcade Fun Hour [LR]</p> <p>1:45 Fancy Nails [AR]</p> <p>2:00 No-bake items</p> <p>2:30 Painting watercolor- Monet</p> <p>2:30 Snack Break</p> <p>3:00 Prize Bingo</p> <p>4:00 Cookies and Conversations</p> <p>5:00 Dinner</p> <p>6:30 Daily Devotions</p> <p>6:30 Mindfulness Meditation</p>	<p>8:00 Breakfast</p> <p>9:30 Daily Chronical [PDR]</p> <p>9:30 Home Stretch Derby</p> <p>9:30 Seated Aerobics</p> <p>10:00 Infusion Bar</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>11:30 Finishing Lyrics and Finishing Lines</p> <p>11:30 Jingle Jumble</p> <p>12:00 Lunch</p> <p>1:00 Trips and Travels</p> <p>1:00 Trips and Travels</p> <p>2:00 Washing dishes</p> <p>2:00 Words of Wisdom</p> <p>2:30 Snack Break</p> <p>4:00 Uncorked</p> <p>4:00 Uncorked</p> <p>4:30 Napkin Art</p> <p>5:00 Dinner</p> <p>6:30 Chicken Soup for the Soul</p>	<p>8:00 Breakfast</p> <p>9:30 Badminton</p> <p>9:30 Daily Chronical [PDR]</p> <p>9:30 Ribbon Dance</p> <p>10:00 Infusion Bar</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>11:30 A World of Good-News</p> <p>11:30 A World of Good-News</p> <p>12:00 Lunch</p> <p>1:00 Be Our Guest</p> <p>1:00 Be Our Guest</p> <p>2:00 Puzzle Club</p> <p>2:00 Puzzle Club</p> <p>2:30 Snack Break</p> <p>4:00 I Love Lucy</p> <p>4:00 What is in that purse?</p> <p>5:00 Dinner</p> <p>6:30 Sentimental Serenity</p>
<p>8:00 Breakfast</p> <p>9:00 Shaker Dancing</p> <p>9:30 Daily Chronical [PDR]</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>10:30 Church Gathering and Worship</p> <p>11:30 Lost Worlds: Al Capone's Secret City of Chicago</p> <p>12:00 Lunch</p> <p>1:45 Baget Baseball</p> <p>2:00 World of Color</p> <p>2:30 Snack Break</p> <p>3:00 Victorias Choice</p> <p>4:00 Green Thumb Gardeners</p> <p>4:30 Napkin Art</p> <p>5:00 Dinner</p> <p>6:30 Meditation Circle</p> <p>6:30 Sentimental Serenity</p> <p>7:00 Church Gathering and Worship</p>	<p><b>Presidents' Day</b></p> <p>8:00 Breakfast</p> <p>9:00 Mimicked stretching</p> <p>9:30 Daily Chronical [PDR]</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>10:30 Make Up Madness [LR]</p> <p>10:30 Outing: Scenic Drive</p> <p>11:00 Name that noise</p> <p>11:30 Putting a puzzle together</p> <p>12:00 Lunch</p> <p>1:45 Kickball</p> <p>2:00 Bookworm</p> <p>2:30 Snack Break</p> <p>3:00 Collaborative Fairy Garden</p> <p>3:30 What is in that purse?</p> <p>5:00 Dinner</p> <p>6:30 Chicken Soup for the Soul</p> <p>6:30 Prayer or group spiritual reading</p>	<p>8:00 Breakfast</p> <p>9:00 Sports Moves</p> <p>9:30 Daily Chronical [PDR]</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>10:30 Master Minds</p> <p>11:30 Grooms Day [AR]</p> <p>11:30 Poetry Pals</p> <p>12:00 Lunch</p> <p>12:45 Arcade Fun Hour [LR]</p> <p>12:45 Baget Baseball</p> <p>2:00 Time to Shine</p> <p>2:30 Snack Break</p> <p>3:00 Timeless Melodies Choir Club</p> <p>5:00 Dinner</p> <p>6:30 Daily Devotions</p> <p>6:30 Sentimental Serenity</p> <p>7:00 Timeless Melodies Choir Club</p>	<p>8:00 Breakfast</p> <p>9:00 Irish Chair Dance</p> <p>9:30 Daily Chronical [PDR]</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>11:30 Breaking Bread</p> <p>11:30 Tape Art</p> <p>12:00 Lunch</p> <p>12:45 HORSE</p> <p>1:45 Fairy Pots</p> <p>2:00 Paint Pour</p> <p>2:30 Snack Break</p> <p>3:00 Cookies and Conversations</p> <p>4:00 Friendly Formal</p> <p>4:30 Napkin Art</p> <p>5:00 Dinner</p> <p>6:30 Mindfulness Meditation</p> <p>6:30 Music in Motion</p> <p>7:00 Chapter Chat</p>	<p>8:00 Breakfast</p> <p>9:00 Lively Drumming</p> <p>9:30 Daily Chronical [PDR]</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>11:30 Opposites</p> <p>11:30 Tongue Twisters</p> <p>11:45 Making mocktails</p> <p>12:00 Lunch</p> <p>12:45 Arcade Fun Hour [LR]</p> <p>1:45 Fancy Nails [AR]</p> <p>1:45 Table Ball / Table Pong</p> <p>2:00 Making birdhouses</p> <p>2:30 Prize Bingo</p> <p>2:30 Prize Bingo</p> <p>2:30 Snack Break</p> <p>4:00 Share the Good News</p> <p>5:00 Dinner</p> <p>6:30 Meditation Circle</p>	<p>8:00 Breakfast</p> <p>9:30 Daily Chronical [PDR]</p> <p>9:30 Octaband</p> <p>9:30 Shaker Dancing</p> <p>10:00 Infusion Bar</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>11:30 Dave Delivers Donuts in Denver</p> <p>11:30 High Tea</p> <p>12:00 Lunch</p> <p>1:00 Trips and Travels</p> <p>1:00 Trips and Travels</p> <p>2:00 Office Life Station</p> <p>2:00 Words of Wisdom</p> <p>2:30 Snack Break</p> <p>4:00 Uncorked</p> <p>4:00 Uncorked</p> <p>4:30 Napkin Art</p> <p>5:00 Dinner</p>	<p>8:00 Breakfast</p> <p>9:30 Daily Chronical [PDR]</p> <p>9:30 Mimicked stretching</p> <p>9:30 Seated Qigong Tai Chi and Yoga</p> <p>10:00 Infusion Bar</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>11:30 A World of Good-News</p> <p>11:30 A World of Good-News</p> <p>12:00 Lunch</p> <p>1:00 Be Our Guest</p> <p>1:00 Be Our Guest</p> <p>2:00 Puzzle Club</p> <p>2:00 Puzzle Club</p> <p>2:30 Snack Break</p> <p>4:00 Fruit of the Month Club</p> <p>4:00 Manicure Madness</p> <p>5:00 Dinner</p> <p>6:30 Mindfulness Meditation</p>
<p>8:00 Breakfast</p> <p>9:30 Ageless Grace</p> <p>9:30 Daily Chronical [PDR]</p> <p>9:30 Sit and Be Fit</p> <p>10:00 Infusion Bar</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>11:30 History Highlights</p> <p>11:30 MindStart Puzzling</p> <p>12:00 Lunch</p> <p>2:00 World of Color</p> <p>2:00 World of Color</p> <p>2:30 Snack Break</p> <p>4:00 Green Thumb Gardeners</p> <p>4:00 Green Thumb Gardeners</p> <p>4:30 Napkin Art</p> <p>5:00 Dinner</p> <p>6:30 Weekly Worship: Favorite Hymns</p> <p>6:30 Weekly Worship: Favorite Hymns</p>	<p>8:00 Breakfast</p> <p>9:30 Ageless Grace</p> <p>9:30 Daily Chronical [PDR]</p> <p>9:30 Rocking and Rolling</p> <p>10:00 Infusion Bar</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>10:30 Make Up Madness [LR]</p> <p>10:30 Outing: Scenic Drive</p> <p>11:30 Grocery Game</p> <p>11:30 Zip, Zap, Zop</p> <p>12:00 Lunch</p> <p>2:00 Fruit Cake Creation</p> <p>2:00 Leaf and Floral Printing</p> <p>2:30 Snack Break</p> <p>4:00 Bird scaping: Attracting and Recognizing your Native Birds</p> <p>4:00 Fruit of the Month Club</p> <p>5:00 Dinner</p>	<p>8:00 Breakfast</p> <p>9:30 Daily Chronical [PDR]</p> <p>9:30 Meditation and Relaxation</p> <p>9:30 Throw Tic Tac Toe</p> <p>10:00 Infusion Bar</p> <p>10:00 Infusion Bar</p> <p>10:15 Snack Break</p> <p>11:30 Dominos</p> <p>11:30 Grooms Day [AR]</p> <p>11:30 Group Rhyme</p> <p>12:00 Lunch</p> <p>12:45 Arcade Fun Hour [LR]</p> <p>2:00 Sand and Surf</p> <p>2:00 Staff Appreciation: Aroma Sachet</p> <p>2:30 Snack Break</p> <p>4:00 Cooking Club: French Cuisine</p> <p>4:00 I Love Lucy</p> <p>5:00 Dinner</p> <p>6:30 Prayer or group spiritual reading</p>	<p><b>*Give Back</b></p> <p><b>*Live Inspired</b></p> <p><b>*Seek Knowledge</b></p> <p><b>*Stay Strong</b></p> <p><b>Emotional</b></p> <p><b>Intellectual</b></p> <p><b>Meal</b></p> <p><b>Purposeful</b></p> <p><b>Social</b></p>	<p><b>Location Keys</b></p> <p>Activity Room AR</p> <p>Living Room LR</p> <p>Private Dining Room PDR</p>	<p>“Surrender to what is. Let go of what was. Have faith in what will be.” — Sonia Ricotti</p>	